



A Meeting Centre
At Jubilee Community Centre
Powis Avenue, Tipton DY4 0RJ
Monday's
11am – 3.00pm
Starting 6th February 2023

- A social club where people with dementia can enjoy the company of others, with an activity programme and a shared lunch.
- Physical, social, creative and cognitive activities that are known to help people living with dementia long-term are provided in a friendly manner.

BINGO INDOOR HOCKEY GIANT JENGA

QUIZ TIME Walks (weather permitting)

SEASONAL ACTIVITIES CRAFT SESSIONS

MEMORABILIA AFTERNOONS

GENTLE EXERCISE MUSICAL RECITALS

INTERESTING & INFORMATIVE TALKS SING-A-LONGS

£8 per session (introductory offer, 4 weeks at £6) includes: -
Light lunch, Refreshments and some activities
Free taster session!

For more information please contact us at:-

Agewell Tel: 0121 796 9333 Email: info@agewelluk.org.uk



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